



September newsletter

Hello families and friends

Time is flying by, and we are holding on to the last days of summer. Just! We are still finding it warm enough in our garden here and enjoying eating cornettoes in the sunshine!



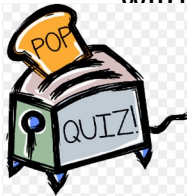
This newsletter is a great opportunity for us to let you know what we have been doing around here for the coming month.



Shannon, our regular singer brought the vibes, the music and literally 'the Voice' to Meadowcare on Saturday. We truly had an awesome afternoon of dancing and singing.



Activity coordinators regularly run quizzes, games, exercise and mover sessions, art, flower arranging and reminiscence sessions, but what is important is that our residents are heard, listened, included, and supported with a sense of belonging. Our family unit is always having fun. So, our activities for this month are an auction room session and having some fun with bidding (we would be thrilled to receive any small items that wish to donate!)



This month we've enjoyed reminiscing sessions with sounds, visuals, games, and movements, guessing what sounds match the animals or the kitchen utensil shown in the pictures. We have also been reminiscing with old chocolate wrappers, looking at old adverts, discussing what has changed on labels and tastes over the years, of course, we've had sweets and chocolate tasting sessions too! Yummy!



We used movement to recreate animals such as birds, elephants, and all sorts. Many of our residents enjoy sharing their stories about their pets, wildlife experiences and farming.



We've been learning about Beatrix Potter and unvisited literature about animals. It has been magical.

'Caring for the brain' group is going well but there is always room for improvement. We will be ready for our concert before Xmas!

Our beauty trolley is stocked, and Val and Myla are at the ready with manicures, hairstyles, massage, and aromatherapy. So, roll up folks!

Employee Spotlight

This Honourable Certificate of Recognition is proudly awarded to

Rositsa

Wednesday 8th September 2021

Francis Castella

Deputy Manager



Homecare Home

caring matters

We have so many Birthdays to Celebrate this month!



We are wishing a Happy Birthday to Pat, Bernadette, Anne, Arthur, and Queenie!

We are also welcoming some new staff in this newsletter!

The New recruits include Ricky and Nina, we are also welcoming back an old friend, so welcome back to Ayan too!

We have also attached to this Newsletter a copy of the September Activities Calendar, so that you at home can know exactly what we are up to at the home, each day of the month.

Starting the week beginning the 27th of September, Dr Lee will begin giving the

Employee Spotlight

the resident consent.

We have two wonderful employees we would like to congratulate on receiving the employee spotlight certificate, for their adaptability in their role, and being able to adjust to new circumstances. Though don't tell them! They haven't received their certificates yet.

