



Meadowcare Home

Where caring matters

MARCH NEWSLETTER

Greetings to you all from Meadowcare family!



We are through the Winter, and we so welcome Springtime. This means we can restart our Garden Group and many people love this. We can enjoy the outdoors once again and get busy with planting and growing but it is also wonderful to feel the sunshine on our faces and set up some nice tea parties in the outdoors.



So, March began with Pancake Day. We enjoyed making and decorating them with fruits and maple syrup and cream. They did not last long, so much so, we did another batch the next day!

We also use flowers in running regular groups. These sessions can be creative and sensory in reaching everyone. Some residents will make up a beautiful bouquet, whilst others will just want to touch and smell the flowers and share. There is 'something for everyone' in these around the table activities.



Next week, we have a theme of Daffodils incorporating creative painting and poetry. Having fun is the main goal!

Our movement and exercise activity will be running again on 22nd of March. Watch this Space! All welcome too!



March is also the Month where we celebrate 'Mothers Day'. The famous trolley will be making an appearance laden with sweets and goodies.

Our birthday congratulations this month go to Patricia, Fred and Elinor 'Ann'!
A very Happy Birthday to you!

