

### MAY and JUNE 2023 <u>Early Summer Newsletter</u>



Hello again families and friends!

It's been a little while. May was a marvellous month with a variety of fun at Meadowcare.





We kicked off with a Coronation Special, the theatre of dressing up as royals do and a tea party fit for the Queens and kings of our Meadowcare family.



Our local neighbours invited us to their Coronation Street Party and we were delighted to come along. It was a great afternoon and, staff and residents went along too. Thank you to *Sam* for organising this great party with great food and drinks!







Alongside that we ran a Mayfest getting creative making our flower crowns, whipping up a storm with our strawberries and cream desserts and our fancy cookery sessions.



Some of us have tried gentle yoga and it has surprised us how many people got involved, we plan to keep this momentum going.



Now, we are well into June. Our working partnership with Alive is going good. We have tap-danced, we have had flavour of flamenco with Ostrich feathers and *Anne Marie* has been grooving to George Michael.







Please join us as we would love to share with you all that we do.





You may notice some 'pics' of our sensory underwater themed event. We did everything but literally swim. We had sand fish and fishing rods, we had turquoise waters and sounds of the sea bubbles. A tranquil event until the large blue shark appeared as *Sid* cast his fishing rod!



We really want a mention going to Francis who was away for a few weeks and yes to get married. We had sneaky peaks with the aid of modern technology and were there all the way with her spectacular wedding day. Huge congrats and love to the happy couple.





Lastly, we are throwing our Meadowcare Summer BBQ on Tuesday, <u>1<sup>st</sup> of August at 3pm</u> until 5pm. We would be delighted to see you.

Please RSVP and let us know if you can come and how many in your party will come.

Prior to the BBQ we will be holding a family meeting at 2pm should you wish to meet other family members and chat.

#### **Celebration Corner:**

Happy birthday again to our April and May celebrators, Joyce H., Bejay, Wendy, Diane and Margaret R.!



Birthday greetings for the month of June – *Edna*, *Pat K*. and *Lorraine*. Roll on the celebrations!!! Watch out for their birthday photos on the next newsletter!



#### <mark>Message from the GP:</mark>



Our hardworking and ever reliable GP, Dr. Lee Salkeld of Whiteladies Surgery, had administered the Spring COVID vaccinations of our dear residents on the 17<sup>th</sup> of April 2023.







Staff of Meadowcare Home organised surprise bridal showersfor *Bilmi* and *Francis*! Such thoughtful and loving staff.Best wishes to the lovely couples!



#### <mark>ACTIVITY PHOTOBOARD</mark>







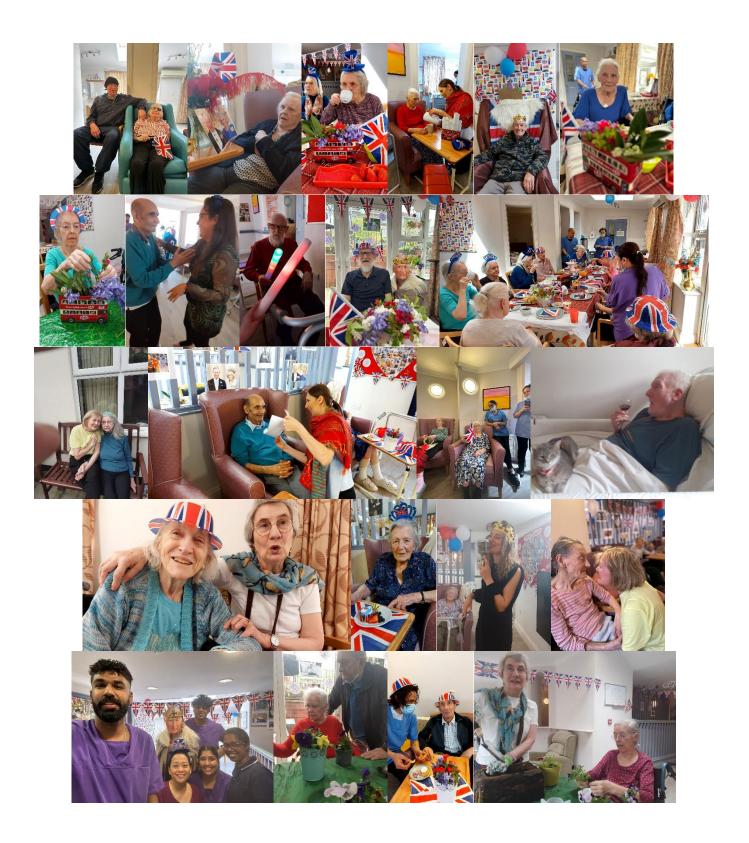
















"Caregiving often calls us to lean into love we didn't know possible."

