



# Meadowcare Home

*Where caring matters...*

## February Newsletter 2024



*Spring* is in the air at Meadowcare, and we are happy bunnies deliberating on what we have been doing over the last few weeks and want to share all the plans for the month ahead here.



We love introducing colour to our days and 'boy oh boy's' we've had colour.

### Daffodil Displays of Yellows



### Chinese New Year of Red and Golds







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**Multicolour Sweetshop Ladies laden with baskets of goodies of every colour of the rainbow**



**February has been a good month to us.**







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*Valentine's Day* coming together, sharing chocolates and tales of romance and intrigue. Coupled with our *Shrove Tuesday Pancakes* well no wonder that weighing scales has gotten creaky!



So, what have we lived up from here on in. We have something a little different next week with a Meadowcare exhibition, of course, for our wonderful family here. Watch this space for our photos.

## **Upcoming Events:**

A very exciting project has come our way. At Meadowcare, we have always worked closely with *'Alive'* a charity promoting dignity and independence within a care home setting.

Well, this project is called *'the Hoppiness Project'* and for the next months we will be in partnership with Alive and Bristol University. We are made up!

We will enclose all the details for you and would so appreciate if you would very kindly sign a related consent form for your family member to participate in the project. Many thanks!





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## Celebration Corner:

Happy birthday again to our January celebrators –  
*Kevin, Michael, and David H!*

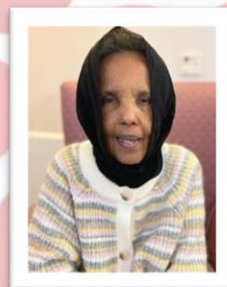


We are never short of birthdays and chef has been down to a fine art.  
Happy birthday to our February celebrators –  
*Maureen, Alfred, Monica and Catherine!*



## New Faces:

Welcome to our new family members. We really look forward to getting to know you, *Maria and Maryam!*







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## Trainings:

### CARE STANDARDS TRAINING



Congratulations to **Grindle** (Senior Nurse) for completing her Supporting Student in Practice and Train the Trainer courses! She is now the official in-house trainer of Meadowcare and Glenview Homes! She is set to deliver the 15 Care Standards trainings that has started this year.

### EMPATHETIC TRAINING



Dementia Well-being Services: **Fred** (Senior Dementia Practitioner) and her colleague **Dani** hosted the empathetic training for Meadowcare and Glenview staff. Staff had their experience in wearing heavy pieces of equipment that restricted them in performing their usual activities of daily living. Staff were demonstrated awareness on what people with dementia often feel and experience.

### ORAL CARE TRAINING



Year 4 students at University of Bristol Dental visited Meadowcare home and provided carers with oral health instruction and advice. We are also joined by the staff of our sister home, Glenview Care Home. The students were also had the chance to have a tour of the care home and meet the residents.





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## ACTIVITY PHOTOBOARD







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*“To be successful is to be helpful, caring, and constructive, to make everything and everyone you touch a little bit better.”*

*— Norman Vincent Peale*