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### Springtime Newsletter 2024

Hello to All our Families and Friends of Meadowcare!



As we look back over the last few weeks, we certainly can say that we have had visits galore.

Visits on 'pinch punch first of the month' with St. John's Primary School choir singing

beautifully for all those living here at Meadow. They were 'simply the best'. The teachers came, the parents too. It was magnificent.

#### The Hoppiness Project



We also welcomed Alive Charity and Bristol University to kick off our **'Hoppiness'** Project. We all gathered to learn about Oast houses in Kent. *Elizabeth* and *Geraldine* remembered them very well. We smelled the dried hops.

We tasted a variety of beers and cheered each other to the music of '*We'll drink*, *a drink to Lily the Pink'*. Fantastic Fun.





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The next session on this, we will plant up our own hops in the garden. 'Meadowbeer' has a natural ring to it!

Watch out, Wiper and True Taproom. Thank you for your wonderful tasters.

So, we can safely say we did not have a visit here from *St. David or St. Patrick* but we certainly celebrated on those days. We had Welsh language songs from *Anne* and fresh Welsh cakes and a whole host of golden daffodils. We had big green hats and Irish shenanigans too.





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#### Art Gallery



Activities team wanted to try something new, something that would give everyone a voice and give everyone a point of view. We created an *art gallery*, a room filled with light and shade of pictures, art from all walks of life, young and old. We gathered in small groups, and it was magical.





*Robin* bid on quite a few paintings and was eager to acquire them for his wife *Sarah*.





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*Gary*, a friend of Meadowcare joined in and it prompted him to show his own caricature works on another day. Thank you, *Gary*!



#### <mark>Mother's Day</mark>



So, the clocks have 'sprung' forward and the Easter Bunny has been out and about visiting us here. Hope you enjoy our photos of life here.





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#### Upcoming Events:



Our GP, Dr. Lee Salkeld, is set to administer the COVID Spring booster to our beloved residents this April!

#### Celebration Corner:



Happy birthday again to our March celebrators – *Pat W.*, *Elizabeth, Anne L.*, and *Ruby*!









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### ACTIVITY PHOTOBOARD

































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"Spring will come and so will happiness. Hold on. Life will get warmer."

-Anita Krizzan