

Newsletter August 2024

Hello to All our Friends and families!

Before putting pen to paper this month, we had to look back over the multitude of photos taken for all our sessions in August.



Coincidentally, during a Daily Sparkle chat, one of our residents mentioned that the name August comes from the Roman Emperor, *Caesar Augustus*. We love our hub of knowledge downstairs at Meadowcare.





Well, it has been a busy one here- from the wonders of **Watermelons**, carving and tasting, to the discovery of edible *'flowers and leaves'*. Some of us were quite keen on the *Nasturtiums* and some of us thought *"Yuck"*.





We had a celebration of *Bristol's Balloon Fiesta* with a few cuddly toys going up, up and away. We made delicious lemonade.

Because of individual needs of people who are living here like to set up a focal table of colour and interest but we are so keen to follow the lead of how individuals want the session to flow.





And the weather has been good to us as we have spent many an afternoon in the garden.







Lastly, our guitar fellows, *Pete and Geoff* are here on Friday afternoon in the hub where it is all happening!



Employee of the month

Congratulations to **Kawal**! Your dedication and versatility at work are very much appreciated.

Keep up the good work!













Leadership is not about being in charge. Leadership is about taking care of those in your charge.

-Simon Sinek -

