

January 2025 Newsletter



Hello again families and friends of Meadowcare!

A new year for all of us. As we reflect over the last year, we know that we will bring the friendships and love into 2025.



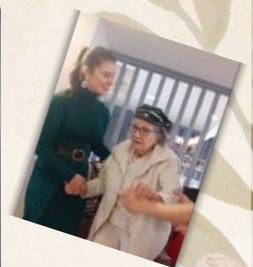
The special moments are always present here. During a **'Tea and Philosophy'** group session early in January, *Robin's* take was that *'Life has taught me to never react immediately. Take it all in first.'*



Our very good friend of Meadowcare, *Geraldine*, sat in on this session and wrote everyone's words down. *'I don't mind what you say, just talk to me and stay by my side'. 'I love people, I will always keep my wedding ring on'. Margaret said 'I like fairness'. In a nutshell, these are wonderful sentiments and we hope you agree.*



Also this month, we had our songbird, *Shannon*, with us. Gorgeous we know and what we love is that she understands the importance of connection. She *'gets us'* and we get her! Thank you Shannon. *'Better than George Michael anyday'*, Anne Marie says.



You will see on the photo board our colourful crafts of monochrome flowers and Winter birds that we have tackled together. You may also notice *Farmer Giles and Neddy*, the pony experience. Well, you got to go with it, is what we say! Fun and games and it makes life interesting here.



Kevin, being an ex New Market jockey, invited *Neddy and Farmer Giles* to visit and we had the most wonderful stories of his 'hay' days ready for the race.



Neddy, the pony re-enacting the scene on the corridors of Meadowcare.



As we write, we are prepping for our **Chinese New Year day** which we run every year. We do this because it is an occasion full of colour, creativity and everyone can get involved. It is much better than TV. Look out for the dragon.



Happy Birthday

January birthdays are celebrated!

Happy birthday, **Kevin**, **Tony M.**, and **Ray**!



Kevin



Tony

Tony M (with Shannon singing Happy Birthday similar to Marilyn Monroe's rendition to JFK) Tony loved it.



Ray

THANK YOU

Special thanks this month goes to Sarah, who donated so many crafting resources to us. And always love our volunteers' care and attention. We are lucky and blessed.

Welcome to our new faces!



Angela



Mei



A message from the Manager

Dear Friends and Families,

I would like to let you know that I am officially back from maternity leave and I am excited to be re-joining the team. It has been an incredible time away, and I can't wait to reconnect with everyone and get back to doing what we do best - providing care and support to our beloved residents.

I am looking forward to catching up with all of you and working alongside such a wonderful team again!

Francis :-)

PHOTOBOARD





New year, new beginnings - but our commitment to care remains the same. In 2025, let us continue to bring compassion, patience and warmth to those who rely on us, one day at a time.

-Meadowcare Team-