

Newsletter August 2025

Hello to all our friends and families!

We had the privilege to welcome the AE dancing troupe for a stunning show. From Ballet to Tap and Latin to Musical Theatre, the dancers twirled and tapped their way into our hearts. Diane and John got a front row seat to the action!



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At Meadowcare, we like solving puzzles, being creative with card homes, and taking a trip to the downs. Maria never misses an opportunity to flex those legs!

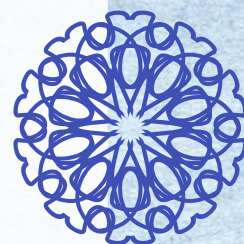


Chris brought joy and companionship to Meadowcare through the power of music. The atmosphere was filled with enthusiasm as everyone tried to catch the rhythm with their instruments. Edna can sing to her heart's content!



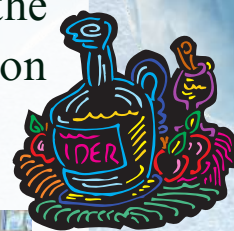


From intricate designs to bold patterns, Iwona's stencil art session inspired plenty of creativity. Gorgeous colour scheme Elizabeth!

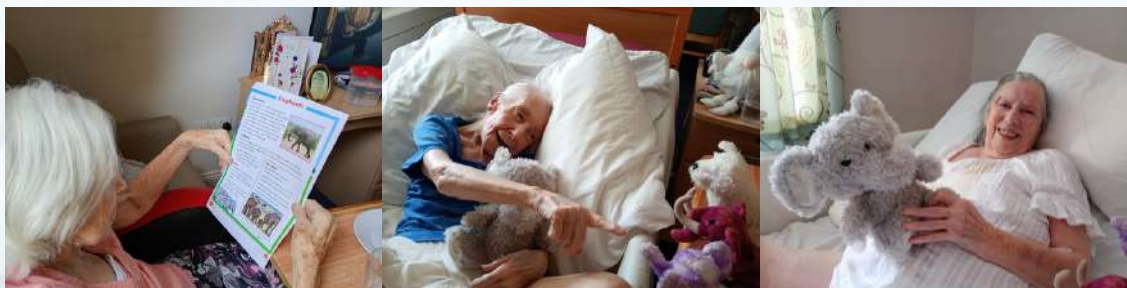
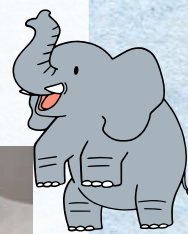


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Val's Cider O'Clock, brought rich flavors and comforting warmth to our apple cider lovers. Robin's tastebuds can be the judge! While we sipped our cider, we let our creativity flow on the canvas.



Whether we're fans of their big floppy ears or incredible intelligence, Elephant Day was the perfect opportunity to brush paint, warm up vocal cords, and hug our plush pals. Maureen sure can admire a good trunk!



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Meadowcare family found refreshment & tasted sweet memories with Lemonade & Lemon Meringue Pie. The tangy lemon delight perfectly joined the joy of blowing bubbles. watch Maryam go!



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While enjoyed the warm weather the day was filled with bird watching, ice cream, and the company of good friends! Ray's preparing his hot air balloon for take-off!



Tim's yoga session gave us a zen time stretching those limbs, loosening those muscles, and giggling at our poses. Paddington went for a swing, and Margaret adores those feather exercises!



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What's the perfect blend of art and nature? How about a vibrant session of painting and fun facts celebrating the enchanting world of hummingbirds! Ruby is flying with creative flair!

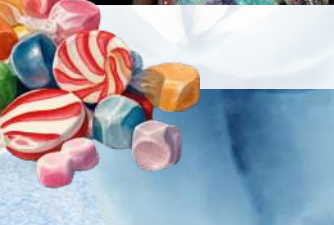
ART



the charm of a tea party! A lovely excuse to gather friends, share stories, and indulge in delightful tea and biscuits. Maria and Val love to laugh!



Val and Iwona took us to a world of confectionery goodness with a sweets shop full of colourful candies. An unexpected sweetness emerged too, Iwona had her first ever violin lesson from her teacher, Mr. Kenneth!



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Family and friends joined Sheila to celebrate her special 80th birthday! Johnny performed a wonderful set of songs and from the first strum we all joined in with our instruments. Cake and shake is Sheila's way!



A special farewell for our lovely Teresa! A whiz with the laundry, she's been with us since the beginning! Wishing her all the best in Poland!



GOOD
TIMES

farewell



We wish
you
all
the
Best



PHOTOBOARD







"Believe you can and you're halfway there." — Theodore Roosevelt