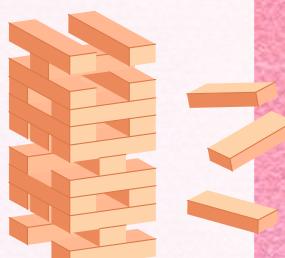
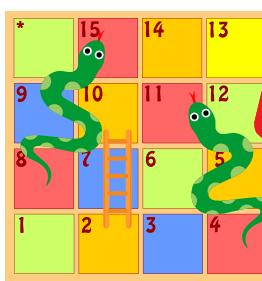


## Hello Friends and Families!

Our Meadowcare family are always ready for fun, laughter, and a bit of friendly competition. *Edna* climbed to the heights of Snakes & Ladders, *Maryam* stacked marbles and pulled straws for a fun round of Ker-Plunk, and *Betty* battled for a one point win in a fantastic Scrabble word duel!

**W**  
**CROSS**  
**R**  
**D**



Our Meadowcare family gathered together to reminisce about war, share our stories and read poetry. *Kenneth* and *Betty* worked hard cutting out poppies and painting them red. Lest we forget.

Lest We Forget



Flower stamps bring smiles and satisfaction with a splash of colour and a celebration of the beauty of nature. *Elizabeth* bloomed in our group discussion with this one - "Nature has the best choice in colour".



## Newsletter November 2025

Bird Bingo provides plenty of fun and reminds us of the beauty of our feathered friends. *Anne* loves to spot bird matches!



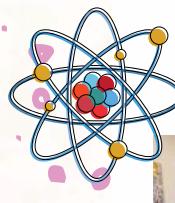
Our Meadowcare family love to go on artful adventures with nature, animals and abstract art! *David* focused on colours and shapes and *Ray* graced us with a beautiful owl painting while enjoying the real sounds of bird singing!



'Hug a Bear' Day is the perfect excuse to wrap your arms around your favorite teddy, share some fun bear stories, and reminisce about childhood. *Diane* adores the occasion!



The Meadowcare science session had us mesmerised by the beauty of rainbow crystals as we learned about observation, discovery and creativity. Anne slipped on the gloves and got straight to work!



Whether you love chicken or ham or you're a fan of the sweet jam, a mouthwatering sandwich can be made with just a few ingredients! *Ruby* slathered on the butter, *Christine* loaded up the fresh greens, and *Colin* couldn't miss the cheddar!



It's that sweet time of year again when the scent of cinnamon and nutmeg fills the air, and we gather to celebrate a quintessential holiday treat: mince pies!





# Newsletter November 2025

*Johnny* sang our favourite rock and roll tunes once again as *Garry* shared the mic and *Sheila* posed with *Johnny*'s guitar! *Maria* did a jig with *Iwona*, *Ruby* formed a circle dance, and *Tony* and *Iris* held out their hands for *Iwona*'s tunnel crawl!



## Newsletter November 2025



David

Happy

Birth

Anne



Robert

## Newsletter November 2025



David

Happy

Birth

Anne



Robert

YOU ARE INVITED

# Residents Christmas

PARTY



WEDNESDAY  
17 DECEMBER 2025  
2 PM TO 4PM

2 - 3 BELVEDERE ROAD, REDLAND  
BRISTOL - BS6 7JG  
RSVP: HIRUNI (RECEPTION)



# PHOTOBOARD



# Newsletter November 2025



“Love and compassion are necessities, not luxuries. Without them humanity cannot survive.” - Dalai Lama